



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

St Francis of Assisi

Prayer

Lord,
make me an instrument of
Your peace;
where there is hatred,
let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O Divine Master,
grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.
For it is giving that we receive,
it is in pardoning that we are
pardoned,
and it is in dying that we are
born to eternal life.
Amen.



Continue to practise good hygiene. ***Please use the hand sanitisers provided in both of our Churches.***



Thoughts of Blessed Francis Jordan

Without humility you will never grow in holiness.
Therefore, be quite humble.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church



POPE FRANCIS' PRAYER INTENTION FOR OCTOBER

For the Synod

We pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level, and allow herself to be guided by the Holy Spirit towards the peripheries of the world.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 8.30am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass at 9.30am
Wednesday 9.30am
Thursday 7pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm
Friday 9.30am
First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

WEEKEND MASSES

Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

WEEKDAY MASSES

Monday 8am
Wednesday 8am
Thursday 10am
9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

WEEKEND MASSES

Saturday Vigil 6.00pm
Sunday 9.00am

RECONCILIATION
Before Vigil Mass on Saturday
BAPTISM
3rd Sunday - 11.00am

We Pray *for*
Deceased Anniversary

Mare Reskov

Recently Deceased
Grace Eileen Park

Prayer for the Sick

Anna Smigowska
Guy Zofrea
Avelino Samartin
Jeff Langley
Mark Linfiels
Nick Moulakis
Bill Eyre
Brian Gregan
Marcia Bailey
Bec Burroughs
Susan Hickey
Margaret De Landre
Maeve Robinson
Jenny Carroll
Matt Ukishima
Mina Lee
Maureen Larios
Denise Wagner
Tom Murphy
Leonie Ariemetto
Isaac Cimino
Rosa Lakaev
Marco Sangiacamo

BOOK REVIEW

Love Has No Limits
By: Tania Hayesof



This book shows just how amazing the strength of the human spirit can be.

For the bread of God is the bread that comes down from heaven and gives life to the world."
JOHN 6:33

Liturgy for the Week

- 02/10 Monday, The Holy Guardian Angels
Ex 23:20-23; Mt 18:1-5, 10
- 03/10 Tuesday, Ordinary Time 26
Zech 8:20-23; Lk 9:51-56
- 04/10 Wednesday, St Francis of Assisi
Neh 2:1-8; Lk 9:57-62
- 05/10 Thursday, Ordinary Time 26
Neh 8:1-12; Lk 10:1-12
- 06/10 Friday, Ordinary Time 26
Baruch 1:15-22; Lk 10:13-16
- 07/10 Saturday, Our Lady of the Rosary
Baruch 4:5-12, 27-29; Lk 10:17-24

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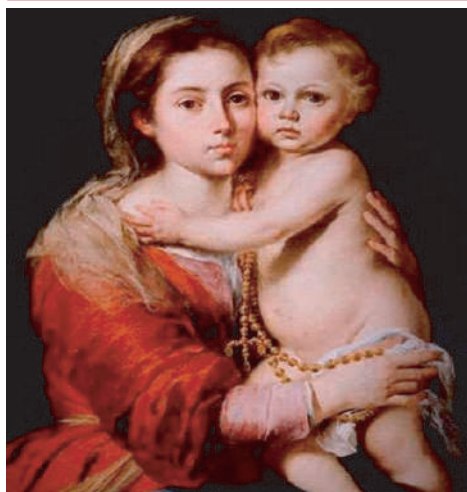
St Patrick's Church, Gosford
Shrine of St Pope John Paul II

Divine Retreat Centre, Sommersby
Shrine of St Faustina
and
Shrine of St Theresa of Calcutta

More information will be posted in the bulletin.



May the Holy Spirit lead all the bishops and participants of the Synodal Assembly to perceive the signs of times, so that, adhering to the will of God in all things, may bear the abundant fruit of unity by promoting the life of the Church and witnessing the Gospel of the Lord.



**OUR LADY OF
THE ROSARY**

October 7th

Parish Directory

Pittwater Parish
1 Keenan Street Mona Vale
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Tel 9157 0999

Parish Priest
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Director of Music
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music@pittwaterparish.org

**Media & Communications
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media@pittwaterparish.org

Sacramental Coordinator
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sacraments@pittwaterparish.org

CCD Catechist Coordinators
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Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Parish Office Hours
Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church
1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE
Sacred Heart School
el 8197 6900
Principal: Mr Jamie Wahab

AVALON
Maria Regina School
Tel 9918 2608
Principal: Miss Kirsty Thorpe

WARRIWOOD
Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher

The Holy Rosary



*That We May Imitate What They Contain,
And Obtain What They Promise:
a consideration of the holy Rosary*

Seen from outside, Catholicism seems monolithic. Outsiders see a large institution, encrusted with customs and traditions, lists of things one must do, and one must not do. It seems to outsiders as though things are pretty much the same wherever one goes, in every Catholic church.

But this is not actually true. The closer one looks, the more variety one finds ancient liturgies derived from the major churches of the first centuries.

One cherished aspect of this richness is the holy Rosary. It is certainly the most widespread form of prayer in Christianity. It can be found throughout the Church, from Ireland, France, Scotland through Africa and the Americas to Asia.

The Rosary: Its History

There is a tradition that that our blessed Lady appeared to St Dominic, the founder of the Order of Preachers (the Dominicans), in 1214 in Prouille, France, to give him the Rosary. Actually, no trace of this story can be found until about two hundred fifty years after Dominic died; but it is certain that the development and promotion of the Rosary owe a great deal to the Dominican Order.

The custom of using knotted prayer ropes to count one's prayers was known among the early Desert Fathers, ancient hermit monks. Devout laity learned this custom and practiced it with various prayers. During the Middle Ages, the Rosary as we know it took shape. One inspiration for it was the Divine Office, the daily worship of the Catholic Church in which the one hundred fifty psalms are chanted in daily prayer services over the course of week. The fifteen decades of the Rosary, each consisting of ten Hail Marys (one hundred fifty Hail Marys for the one hundred fifty psalms), were inspired by the Office and gave the laity a structured form of prayer for each day. As the monks meditated on the psalms and scripture readings of each Office, the laity joined their vocal prayer (Our Father and Hail Mary) to meditation on the Mysteries of the Rosary, fifteen events in the lives of the Lord Jesus and our blessed Lady.

The Rosary grew to be enormously popular. Its most popular form was the Dominican Rosary (with the fifteen Mysteries), but the Franciscan Crown, with seven decades of meditation on the seven joys of our blessed Lady, and two additional Hail Marys to bring the total number to seventy-two: traditional number of years our blessed Lady lived here on earth).

In 1571 Europe was threatened by an invasion of the Mediterranean by the fleet of the Ottoman Empire, seeking to expand the Islamic dominion to Europe. Christianity had been shattered by the Protestant Reformation and it was great difficulty that the Pope, St Pius V, cobbled together a coalition of different countries and their navies. A glorious victory was won by the Christian forces on the 7th October 1571, which Pius attributed to the Faithful praying the Rosary throughout the Catholic countries. He established 7th of October as the Feast of Our Lady of Victory (later rechristened The Feast of the Holy Rosary).

One moving example of the place of the Rosary in Catholic life comes from Japan. Foreign missionaries had been expelled from Japan and the Christian religion was outlawed throughout the country by 1620, with severe persecution and even martyrdom. Only in 1865 was Japan reopened to foreign influences, and the Paris Foreign Mission Society built a Catholic Church. One surprising day, a few Japanese from a nearby village visited the Church and one timid lady spoke to a Priest; from her he learnt of the existence of what, upon his investigating, proved to be underground communities of Faithful Catholics (the *kukure krishitain*, hidden Christians). They had preserved the Faith through two hundred fifty years, without priests, without any outside contact, faithfully baptising their children, observing the feasts of the calendar and gathering to pray the Rosary. But they were cautious, for the last Priest they had known gave them three signs by which they would know a true Priest when he finally appeared: Do you honour our Lady? Are you married? Do you honour our Father in Rome?

The Holy Rosary had nourished their faith literally for centuries, and after 250 years they were found still faithful, although some remote communities had changed over those centuries and chose to continue apart from the Church, following what they regarded as the religion of their ancestors.

The Rosary is a widely beloved prayer used by millions of people, a hallmark of Catholicism. If you see a painting of a prayerful person holding rosary beads, you immediately think, "Catholic". But at the same time, its important to realise that the Rosary does not stand alone: it is part of a very ancient tradition of prayer which is broader than the Catholic Church, broader even than Christianity.

*By: Fr Wilson
The Parish of Transfiguration
Saint Stanislaus Kostka*

Public Rosary

*"Love the Madonna
and pray the
Rosary.
For her Rosary is
the weapon against
the evils of the
world today.
All graces given
by God pass
through the
Blessed Mother."*



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Welcome to Pittwater Parish

Flynn Lucas Hammond
Harrison Jack Hammond
Jack Theodore Long
Maddie Meg Long
Chloe Kate Margaret Long
at
Sacred Heart Church
Mona Vale
on the
24th of September 2023
for the
Sacrament of
Baptism



Parish Morning Tea Gathering

Everyone is welcome
to join us
every month after

8 am Mass on the 1st Sunday
and after the
10 am Mass on the 3rd Sunday
at the
Sacred Heart Parish Centre

2nd & 4th Sunday
after the 9am Mass
in front of the
Maria Regina Church,
Avalon

*It provides an opportunity to all
parishioners to connect and get
to know each other.*



The *Living* Word

Entrance Antiphon

Daniel 3:31,29,30,43,42

All that you have done to us, O Lord, you have done with true judgement, for we have sinned against you and not obeyed your commandments. But give glory to your name and deal with us according to the bounty of your mercy.

First Reading

Ezekiel 18:25-28

A reading from the prophet Ezekiel

The sinner who decides to turn against sinfulness deserves to live.

The word of the Lord was addressed to me as follows: 'You object, "What the Lord does is unjust." Listen, you House of Israel: is what I do unjust? Is it not what you do that is unjust? When the upright man renounces his integrity to commit sin and dies because of this, he dies because of the evil that he himself has committed. When the sinner renounces sin to become law-abiding and honest, he deserves to live. He has chosen to renounce all his previous sins; he shall certainly live; he shall not die.'

The word of the Lord

Responsorial Psalm Ps 24:4-9. R. v.6

(R.) Remember your mercies, O Lord.

Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and teach me: for you are God my saviour. (R.)

Remember your mercy, Lord,
and the love you have shown from of old. Do not remember the sins of my youth. In your love remember me, because of your goodness, O Lord. (R.)

The Lord is good and upright.
He shows the path to those who stray,
he guides the humble in the right path;
he teaches his way to the poor. (R.)

Second Reading Philippians 2:1-11

A reading from the letter of St Paul to the Philippians

In your minds you must be the same as Christ Jesus.

If our life in Christ means anything to you, if love can persuade at all, or the Spirit that we have in common, or any tenderness and sympathy, then be united in your convictions and united in your love, with a common purpose and a common mind. That is the one thing which would make me completely happy. There must be no competition among you, no conceit; but everybody is to be self-effacing. Always consider the other person to be better than yourself, so that nobody thinks of his own interests first but everybody thinks of other people's interests instead. In your minds you must be the same as Christ Jesus: His state was divine,

yet he did not cling to his equality with God but emptied himself to assume the condition of a slave, and became as men are; and being as all men are, he was humbler yet, even to accepting death, death on a cross. But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.

The word of the Lord.

Gospel Acclamation

John 10:27

Alleluia, alleluia!

My sheep listen to my voice, says the Lord;
I know them, and they follow me.

Alleluia!

Gospel

Matthew 21:28-32

A reading from the holy Gospel according to Matthew

He went out moved by regret. The tax collectors and prostitutes will precede you into the kingdom of God.

Jesus said to the chief priests and the elders of the people, 'What is your opinion? A man had two sons. He went and said to the first, "My boy, you go and work in the vineyard today." He answered, "I will not go," but afterwards thought better of it and went. The man then went and said the same thing to the second who answered, "Certainly, sir," but did not go. Which of the two did the father's will?' 'The first' they said. Jesus said to them, 'I tell you solemnly, tax collectors and prostitutes are making their way into the kingdom of God before you. For John came to you, a pattern of true righteousness, but you did not believe him, and yet the tax collectors and prostitutes did. Even after seeing that, you refused to think better of it and believe in him.'

The Gospel of the Lord

Communion Antiphon

Cf Psalm 118:49-50

Remember your word to your servant, O Lord, by which you have given me hope. This is my comfort when I am brought low.

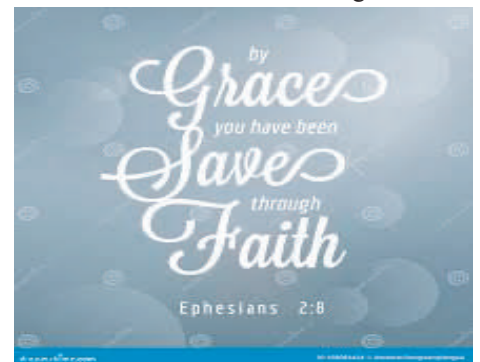
REFLECTION

by Dianne Bergant CSA

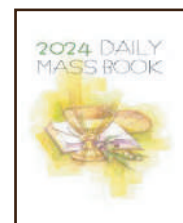
Our attention shifts slightly in these last Sundays of Ordinary Time. We turn from concentration on the character and responsibilities of discipleship to reflection on the import of the end of time. As we move toward the close of the liturgical year, we are invited to consider the final coming of Christ and the last judgment.

The thought of judgment is enough to strike fear in the hearts of many. We sometimes experience tension between the idea of divine justice, which requires that the good be adequately rewarded and the evil be appropriately punished, and that of the mercy of God, which we hope will be generously extended to us. As seen in the readings for this Sunday, the justice of God does not conform to the standards of human justice. It is incomprehensible, because its foundation is mercy. While we might find consolation in this view of divine judgment when it is directed toward us, our hearts do not always seem to be generous enough to rejoice in the mercy extended to others. It is almost as if we feel that we have been cheated in some way, if God is merciful to others. However, divine mercy can work in us to abolish our pettiness and indignation and replace it with generosity of heart. We are called to conduct ourselves with this kind of generosity, this kind of love, this kind of mercy.

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*Be kind to one another,
tenderhearted,
forgiving one another,
as God in Christ
forgave you.*

[Ephesians 4:32]



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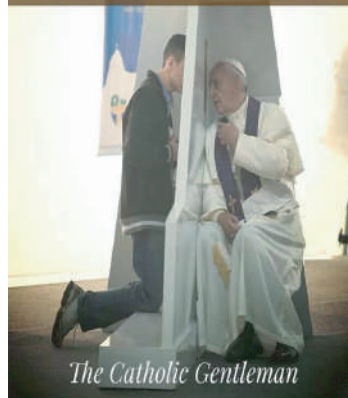


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the ones who tire of
seeking his mercy.

- Pope Francis, *Evangelii Gaudium*



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